

Risk assessment for karate classes during Covid 19 pandemic

Club: Chase Meadow Warwick

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Overview

This risk assessment is to ensure safe return to karate training and compliance with government and FEKO rules during the present pandemic

Area of focus	Controls	Residual risk
Access and egress	A one-way system to be established using the main entrance for entry and fire door for exit. Signs posted internally and externally.	Medium
Inception	Only students will be allowed in the building. Inception desk located just inside main hall under serving hatch. Students will wait outside until a space is available in passage, (only 3 allowed in passage) students will be called to inception one at a time. Social distancing will be maintained.	Medium
Student space	The advised individual space of 9.3m per student will be adhered to which equates to 17 students plus instructor. Each student will be allocated an area to wait for training to start	Medium
Protection	Sanitizing facilities will be placed at the front door and toilets. Hand washing facilities in situ Compulsory masks to be worn at all times from 11 years of age except during training. Social distancing of 2m to be applied at all times. Temperature check at inception Notices posted to this effect.	Medium

Training	<p>Non-contact techniques only. Each student to adhere to social distancing. No kiai during techniques. During breaks students to return to designated waiting area. Toilet visits allowed one at a time, male and female to use toilet nearest main hall. Instructor to ensure adequate distancing when calling instructions. Ventilation provided by opening windows and doors as appropriate.</p>	Medium
Cleaning and sanitizing	<p>The inception table will be sanitized before and after use. The toilet door handles, taps and flush handles will be sanitized at end of classes. No other equipment will be used. Kick bags and mats will not be used.</p>	Medium
Changing and training attire	<p>Changing on the premises not allowed. Students will arrive ready to train in their karate Gi's Dojo shoes are allowed but at this time not compulsory .</p>	Medium
More than one class per evening	<p>Time will be allowed to carry out sanitizing of toilets and inception table area between classes</p>	Medium
Booking and payment of classes	<p>Pre-booked bookings only Prepayment preferred or notes and cheques placed directly into container sealed and left for minimum of 72 hours. A covid 19 health assessment will be required for each student Training fees will be adjusted as required</p>	Medium
Spectators and Parents	Not allowed	Medium